

MILES PLATTING, ANCOATS & COLLYHURST

Date updated: January 2010

Legend;

RED = Stopped activity.

BLUE = New activity

GREEN =change to an activity (ie date/time/venues etc)

No	Activity	Who for	Where	How Often	When	Time	Until	Price	How do I join
139	Tai Chi	Everyone	Ancoats Clinic, Old Mill Street, Ancoats	Weekly	Mon	7 - 8:30pm	Ongoing	FREE	No need to book just turn up
41	Aqua Fit	Everyone	Miles Platting Pool	Weekly	Tues	8-9pm	Ongoing	£1.50	No need to book just turn up.
86	Tea Dance	Everyone	Church of the Apostles, Ridgeway Street, Miles Platting	Monthly	Every 2nd Tuesday of Month	1pm - 4pm	Ongoing	£2	No need to book.just turn up.
98	Card Making Classes	Everyone	Miles Platting Library, Varley Street, Miles Platting	Weekly	Weds	1-3pm	Ongoing	£1.00	No need to book just turn up.
	Coffee Morning and activities	Everyone	Mayes Gardens, Harrison Street, Ancoats	Weekly	Weds	10:30 - 12pm	Ongoing	FREE	No need to book just turn up
39	Aqua Fit	Everyone	Miles Platting Pool	Weekly	Thurs	8-9pm	Ongoing	£1.50	No need to book just turn up.
125	Pamper sessions	Everyone	Churnet Street, 5 Churnet Street, Collyhurst	Weekly	Thurs	1.00-3.00	Ongoing	£1 per treatment	No need to book just turn up.
129	Cooking Club / Learn How to Cook	Everyone	Trinity Church , Butler Street, Ancoats	Weekly	Thurs	10.30-1pm	Ongoing	FREE	No need to book just turn up.
138	Mother and Baby Yoga (CHANGED VENUE)	Mothers and Babies	Ancoats Childrens Centre, Holland St, Miles Platting	Weekly	Thurs	1.00 - 2.00	Ongoing	FREE	No need to book just turn up
	Cooking Club / Learn How to Cook	Everyone	Victoria Square, Oldham Road, Ancoats	Weekly	Thurs	2pm - 4:30pm	Ongoing	FREE	No need to book.
131	Pamper sessions	Everyone	Victoria Square, Oldham Road, Ancoats	Weekly	Fri	10-12am	Ongoing	50p per treatment	No need to book just turn up.
140	Tai Chi	Everyone	Ancoats Clinic, Old Mill Street, Ancoats	Weekly	Fri	1 - 2:30pm	Ongoing	FREE	No need to book just turn up
188	Friday Morning Activities and Coffee Morning	Everyone	Church of the Apostles, Ridgeway Street, Miles Platting	Weekly	Fri	10-11.30am	Term Time Only	Small Charge & Raffle	No need to book just turn up.

Phone Laura at Zest for more information on 0161 655 7888